



Breakfast

BREAKFAST FAVORITES

YAM HASH BREAKFAST \$16

Blend of yukon gold potatoes and yam, sauteed with onion/garlic and green chilies; topped with house made red sauce, 2 eggs your way (or tempeh), sour cream, avocado, tomatoes, and green onions.

BE HERE NOW BREAKFAST \$11.50

Egg or tempeh, black beans, cheddar, salsa & sour cream, and cilantro, served with chips. Add cilantro pesto for \$2.25
Add tortilla \$2

CHALLAH FRENCH TOAST

With Toasted Nuts & Whipped Cream or Yogurt \$12

With mixed berry compote, sliced bananas, toasted coconut & yogurt or whipped cream \$15

HUEVOS RANCHEROS \$13.50

2 corn tortillas, green chilies, black beans, cheddar cheese, 2 eggs or tempeh, salsa, sour cream, & olives

GONE FISHING BAGEL \$9.50

Choice of bagel, with salmon cream cheese spread, 1 egg, caramelized onion and capers

SPRING & SPRUNG BAGEL \$8

Choice of bagel, with basil pesto cream cheese spread, tomato, spinach, green onion
Add 1 egg \$3

OMELETTES & SCRAMBLES

RISE UP MORNING SCRAMBLE \$13

2 scrambled eggs or Tempeh & 3 of your favorite ingredients, served with breakfast potatoes or green salad, & Toast

YOUR-WAY OMELETTE \$15.50

2 eggs with 3 of Your Favorite Ingredients, served with potatoes or green salad, & toast

PARK ST OMELETTE \$16

2 eggs w/basil pesto cream cheese, red peppers, zucchini, spinach, & shitake mushrooms

substitute mushrooms with bacon or sausage for \$3.50

BREAKFAST BOWL \$16

2 eggs your way with roasted potatoes, cheddar, spinach, topped with mushroom gravy (tempeh can be substituted for eggs)

SIDES

YOGURT & GRANOLA \$5

CHICKEN OR PORK SAUSAGE

2 links = 1/2 order \$5

4 links = full order \$8

ROSEMARY ROASTED POTATOES \$8

TOAST (2 SLICES)

w/butter OR Earth Balance \$5

w/peanut butter or cream cheese \$6.50

SEASONAL FRUIT WITH YOGURT \$8

NOTICE

CONSUMING RAW OR UNDERCOOKED EGGS MAY INCREASE YOUR RISK OF FOOD BORNE ILLNESS, ESPECIALLY IF YOU HAVE A MEDICAL CONDITION.